



NEIGHBORHOOD WATCH

NEWSLETTER

PERSONAL SAFETY

Let's look at what you can do to make yourself and your family less vulnerable. Share these ideas with your neighbors and friends. The more that people adopt them, the less vulnerable everyone will be!

On Foot

- Choose busy streets - avoid going through vacant lots, alleys, or other deserted areas.
- Try not to walk or jog alone. Take a neighbor or a friend along for company.
- Get to know the neighborhoods and neighbors where you live and work.
- Carry your purse close to your body, and keep a firm grip on it.

In Transit

- Always lock your car and take the keys, even if you will be gone only for a short time.
- If your car breaks down, raise the hood and place emergency reflectors or flares on the ground.
- Leave only your ignition key with parking attendants.
- Never pick up hitchhikers.
- When using the bus, be sure to have your fare out and ready before you leave your home, office, or a store.
- Do not let yourself doze on the bus. It can make you an easy target.

If You Are Attacked

- DO NOT PANIC.
- Consider screaming, making noise, and shouting. This may startle the attacker and enable you to break his hold.

Neighborhood Watch signs are going up all over the City of Richmond. If you need a new Neighborhood Watch sign, let us know and we can make the request. It is now taking approximately 90 days to have a sign installed in neighborhoods. This has increased, I guess to the number of Neighborhood Watch signs that have been requested in the past few months.

Richmond Police Department
200 West Grace Street
Richmond, Virginia 23220
Community Care Unit
NAO/CPS James N. Pitts
804-646-4282



Not all criminals carry weapons, but many do. If confronted by a weapon:

- Remain calm, avoid sudden moves.
- Avoid arguing and be cooperative.
- Follow your instincts. Each situation is unique.
- Avoid abrupt, direct statements.

Phone The Police Immediately

- Remember description: height, weight, age, race, clothing, and car.

Train Your Brain—Have A Plan

You must train your brain how to react in an attack situation, otherwise you may draw a blank screen and resort to panic. You cannot help yourself if you are not thinking clearly.

Do not wait until something happens before you decide how you are going to deal with a situation. Everyone's plan will be different because everyone has different capabilities and limitations.

"Harden The Target, Reduce The Opportunity"

To learn more on what you can do, call your precinct or the Community Care Unit at:

First Precinct	(804) 646-3602		
Second Precinct	(804) 646-8092		
Neighborhood Watch	(804) 646-4282	Third Precinct	(804) 646-1412
Community Care Unit	(804) 646-4395	Fourth Precinct	(804) 646-4105

For emergencies call 9-1-1

If you wish to report something unusual or suspicious, call (804) 646-5100.

Comments from your Neighborhood Watch Coordinator

PLEASE DO NOT PLACE NEWSLETTER IN THE MAILBOX