





Home Energy Affordable Heating & Air Conditioning (804)338-5589 INSTALLATION REPAIR MAINTENANCE Home Energy Savings Specialist Inc. 0













RECENT COMMENTS

spacecat on *Recognize this* man?

mary anne on Police seeking info on Muck Man

sunny on Police seeking info on Muck Man

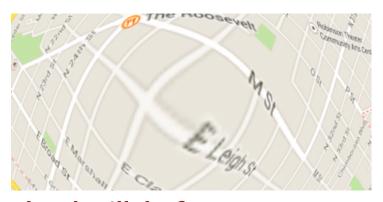
UnionHillian on Knife sharpening Saturday at Union Market

Tim H on Knife sharpening Saturday at Union Market

paco on Police seeking info on Muck Man

Q

spacecat on Police seeking info on Muck Man



Church Hill the fattest neighborhood in Richmond

Hoping to raise awareness as part of the first-ever RVA Strategic Plan for Overweight and Obesity Prevention, the Richmond City Health District has named Church Hill "the Fattest Neighborhood in Richmond":

To raise awareness of overweight and obesity challenges in Richmond, we are identifying areas of the city where neighbors need work on learning healthier lifestyles.

Following the recent opening of Proper Pie, Sub Rosa, and WPA Bakery, Church Hill has seen an estimated 3% increase in BMI over the last 18 months - the largest net increase in the city.

[...]

Overweight and obesity in Richmond affects all people regardless

of gender, age, race or ethnicity. It is a preventable condition that affects quality and length of life. Overweight and obesity are contributors to many preventable chronic health conditions including cardiovascular disease, diabetes, some cancers, arthritis, asthma and disability.

The mission of the Richmond City Health District is to promote healthy living, protect the environment, prevent disease and prepare the community for disasters.

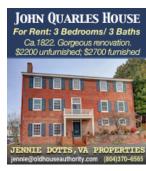
Like Be the first of your friends to like this.

« PREVIOUS













>>ADD EVENT

Greater Fulton's Future Community Meeting

Tue Apr 1 6:00 pm Do you live in Greater Fulton? Would you like to be more involved in your community? Do you see something that needs t...

Greater Fulton's Future Community Meeting

Tue Apr 16:00 pm
The next Greater Fulton's Future
Community Meeting is this Tuesday
April 1 from 6 - 8 at Carlisle Avenue
Baptist Church.

Karaoke Wednesday

Wed Apr 2 7:00 pm Every Wednesday from 7-10PM at Sarahfran's Restaurant and Lounge. 412 N. 25th (804)343-0061

Live Music with JEFF RUBY @ GlobeHopper

Thu Apr 3 7:00 pm Jeff Ruby is a singer/songwriter based out of Nashville, Tennessee. Currently, he's writing and recording his third albu...

Knife sharpening at Union Market

Sat Apr 5 11:30 am On Saturday, April 5, Mr. Leonard's Knife Sharpening service will be on-

site at Union Market from 11:30 AM to 1:30 PM....

New Vision Civic League

Sat Apr 5 10:00 am Every 1st Saturday at the East End Library. Contact Mary Thompson at (804)648-7915 for more info.

Zumba at the Robinson

Sat Apr 5 6:30 pm This is a Tuesday and Thursday Zumba class from 6:30-7:30. REGISTRATION ONLY!! Church Hill residents, register March 31s...

Church Hill Central meeting

Mon Apr 7 7:00 pm All neighbors in the Church Hill community are encouraged to attend.

RECYCLING WEEK

Mon Apr 7 6:30 pm

RISC Nehemiah Action

Mon Apr 7 7:00 pm Over 1,200 representatives from Richmond's faith communities will represent Richmonders Involved to Strengthen our Com...

RPS School Board

Mon Apr 7 4:30 pm The RPS School Board meets at 4:30PM and 6PM on the first Monday of each month in Council Chamber Room on the 2nd floor ...

>>ADD EVENT

